

WALKS NOMINATION SHEET

Provide walk nominees with the following information and complete their details below:

Meeting place: _____ When: _____ Expected walking time: _____

Minimum water: __L Meals: _____ Footwear: _____

Clothing: _____ Repellant, Blockout: ____ Cost: _____

Other relevant information: _____

NOTE: Refer beginners to the “Beginners Information” on the club’s website.

NO	NAME	Mem Y/N	Need Lift	Give Lift	Veh. Rego	Contact/Mobile Phone	Health Problems
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